

Add-On Course - 2022

Value Education



Organised by

**IQAC & CAREER AND COUNSELLING CELL,
BIDHAN CHANDRA COLLEGE, RISHRA,
HOOGHLY, WEST BENGAL**



in joint collaboration with

**RAMAKRISHNA MISSION SWAMI
VIVEKANANDA'S ANCESTRAL HOUSE &
CULTURAL CENTRE, KOLKATA**



Duration: 33 Hours

Starting from: 22nd November, 2022

On every Tuesday and Wednesday (except holidays)

Time: 3:00 p.m. to 4:30 p.m.

Mode of Classes: Offline & Online

Venue: Seminar Hall

Chief Patron

Dr. Sudipto Roy

President, Governing Body, Bidhan Chandra College, Rishra

Chief Advisors

Dr. Ramesh Kar

**Vice Principal
Bidhan Chandra College, Rishra**

Swami Jnanalokananda Maharaj

**Secretary, Ramakrishna Mission Swami
Vivekananda's Ancestral House &
Cultural Centre**

Course Coordinators

**Sri Braja Kishor Ghosh, RKM
Smt. Madhusree Chatterjee, BCC**

Technical Resource

Dr. Abdul Khaleque, BCC

**Certificate will be issued only to those participants who complete the course
successfully by following rules and regulations**

COURSE OBJECTIVES

Education is the manifestation of the perfection already in man
-Swami Vivekananda

In keeping with this thought of Swami Vivekananda, our college will be conducting an add-on course on Value Education parallel to the curriculum prescribed by the University of Calcutta. The objective of the course is to bring about a holistic development and moral edification of our students. By rekindling and instilling eternal moral values in our students, we hereby aim to nurture their innate goodness and infuse confidence in them.

It is a privilege for our college that the course is being conducted in collaboration with Swami Vivekananda's Ancestral House and Cultural Centre, RKM, Kolkata, under the wise guidance of Revered Swami Jnanalokananda Maharaj ji, Hon'ble Secretary of the institute.

To put it in the words of Swami Jnanalokananda Maharajji, "Values are being practised by human beings since the very beginning of civilization. We have to remember that sustained and prolonged practice only would bring out the desired result. This is a constant pursuit for excellence."

We are hopeful that through a sustained training of our students we can also contribute positively to the society at large.

COURSE SYLLABUS

Text book – "Mulya Bodhe Dhanya Jivan", Swami Jnanalokananda Maharaj

1. Value Education: It's definition and scope - a short introduction
2. Man as distinguished from other animals, human qualities (The Gita, Ch. 16)
3. Ways to become a good student, 5 vows (Text, Ch. 3)
4. Character Building – a process (Text, Ch. 11)
5. Humanity – ways to achieve (Text, Chs. 5, 10, 11 & 13)
6. Ideals – it's requirement in life (Be and make)
7. Education – it's meaning, scope and need (Text, Ch. 19)
8. Discipline and time management (Text, Ch. 14)
9. Self-development (self-management / self-reliance)
10. Enlightened citizenship – it's meaning and ways to achieve it (Text, Ch. 4)
11. Love, regards and respect – meaning and application (Text, Ch. 9)
12. Neighboring environment and you – it's need, utility and impact
13. Restraint – it's need and methods
14. Goal setting and steps to achieve goal
15. Civility, politeness and etiquettes (Text, Chs. 6 & 7)
16. Emotions, dreams and practicalities (Text, Ch. 9)
17. Familial and social values (Text, Ch. 18)

For any inquiry contact

- Smt. Madhusree Chatterjee (Course Coordinator)
- Dr. Abdul Khaleque (Technical Resource)

Mail us with your enquiry at: bccr.counsellingcell@gmail.com